## <u>Tackling The Tough Topics:</u> Suicide Awareness/Substance Abuse/ Effectively Processing Emotions in a Positive Fashion Presented by: Steve Mason

Parent Presentation Overview

## Total Time Required: 60-Minutes

There will be a brief introduction of me usually performed by an administrator or a PTA member. I will provide a bio/script. I will then welcome the parents and community members and thank them for taking the time in their busy lives to come and hear my presentation. I explain right up front that my approach with this presentation is unique. I will connect with the kids/audience with authenticity speaking to them in a language they will easily understand.

The table of contents of my presentation is the following:

- Screening of the short film, "EIGHT"
- Why I made the film?
- My story/where the road led me
- The Survivors of Suicide
- Depression and Suicide
- Drugs/Alcohol and their relevance to suicide

I'm continually updating the contents of this presentation. I always stress there has to be a partnership with the school to address these issues and parents should not just toss this one over the fence and expect the schools to do the parenting job for them.

The overall presentation will last about 60 minutes, including an open forum Q&A with the audience. I also offer to the audience that I will stick around for about 15 minutes if they want to come up to me in with a question or feel a need to share something with me privately.

If you have any concerns or questions, please do not hesitate to contact me at: Info@ToughTopics.org

From my heart,

Steve Mason. www.iamSteveMason.com www.ToughTopics.org